



NEWS

SPRING 2013

Rainbow Fleet Staff:

- Kim Quinn**
Interim Director
- Sharon Thrush**
Administrative Assistant
- Kassi Reddell**
Food Program Coordinator
- Alfreda Little**
Food Program Monitor
- Lisa Fry**
Resource & Referral Coordinator
- Lindsay Brooks**
Resource & Referral Specialist
- Lisa Oliver**
Resource & Referral Specialist
- Kathy Carr**
Resource & Referral Specialist
- Maria Zamacona**
Resource & Referral Specialist
Hispanic Services
- Heather Mellor**
QEI Specialist

Rainbow Fleet Resource Center

The Rainbow Fleet Resource Center is available to child care centers, in-home child care providers, families, school teachers and community agencies for a small fee of just \$40.00 a year. We have a large variety of educational items separated into interest areas; math, science, dramatic play, sensory, special needs, literacy, art, infant/toddler, blocks and accessories, multi-cultural, book bags, books and teacher resources.

Our **NEW** resource center hours are Monday through Friday, 8 am to 4:30 pm. The resource center is also open the third Saturday of each month from 9 am to 12 pm. As in the past, we are more than willing to work with your schedule if you cannot come in during our regular hours. We ask that you call to make an appointment for each visit so that we can ensure a staff member is here to assist you. After-hours appointments require 48 hours advance notice and will be made before 7:30 pm. Please call 521-1426 if you have any questions.

Inside this issue:

- 1
- 2
- 3
- 4
- 5
- 6
- 7

- Training Schedule
- Training Schedule
RF News
- CAP Day
- Spanish Resource
- Music & Movement
Activities
- Helpful Contacts



If you are looking for child care or providing child care, we have the resources to help!

Rainbow Fleet Training Schedule

Rainbow Fleet Policies & Procedures for training and appropriate learning environments:

Cell phones & pagers must be turned off while attending training.

Children may NOT attend. Space is limited & children distract participants.

Reserving your space can be made by submitting a completed registration form and payment with check, cash or money order. A space is only guaranteed when payment is received. A receipt will be issued to complete your enrollment. Please bring your receipt to class.

Rainbow Fleet Training Vouchers or a refund will be issued if we cancel a class due to low enrollment. **No refunds are made unless we cancel the course.** If you withdraw from a workshop, the **withdrawal must be made at least 24 hours in** advance to receive a voucher. The vouchers are good for 1 year from the date of issue and cannot be transferred. A voucher must accompany the registration form when using it as tender.

Physical Location Rainbow Fleet Child Care Resource & Referral is located at 3024 Paseo OKC, Ok 73103. This location is at the SW corner of the intersection at NW 30th & Dewey (Paseo), between Walker & Classen. Please park in the lot directly across the street to the North, or in the back of the building.

First Aid and CPR

"Injury prevention and First Care" is a Pediatric First-Aid course for child care providers. This class offers Emergency Medical Services for infant and children. The class covers burns, medication administration, child abuse, Shaken Baby Syndrome, SIDS and much more. The course meets all of the DHS requirements including Rescue Breathing and Foreign Body Air-Way Obstruction. Upon successful completion, American Heart Association Pediatric Basis Life Support CPR Cards will be issued, plus DHS Certificates for First-Aid

Fee: \$45.00 – for First-Aid & CPR
\$40.00 – for First-Aid only

Trainer: Rick Kernes

Dates: Saturday, March 9, 2013

Saturday, April 13, 2013

Saturday, May 11, 2013

Saturday, June 15, 2013

Time: 9:00 am – 5:00 pm

Clock Hours: 7

Doors Open at 8:45 am; Class begins promptly at 9:00 am

If you are looking for child care or pro-

Creating a Playful Learning Environment for Infants and Toddlers

Fee: \$15.00

Trainer: Linda Tate

Date: Tuesday, March 5, 2013

Time: 7:00pm to 9:00 pm

Clock hours: 2

Importance of Parent Conferences & Communication

Fee: \$15.00

Trainer: Stefanie Rollins

Date: Thursday, March 7, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Science of Transitions

Fee: \$15.00

Trainer: Amie Stubbs

Date: Thursday, March 14, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Language & Literacy for School Aged

We will explore strategies and methods to support language and literacy skills for school age readers. Discover how to plan and develop appropriate games and activities to support writing and reading with school age children.

Fee: \$15.00

Trainer: Janie Thompson, M.ED

Date: Tuesday, March 19, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Dealing with Challenging Behavior in the Early Childhood Environment

Learn how to effectively communicate with parents & coworkers. Participant will learn how to make the most of parent teacher conferences.

Fee: \$15.00

Trainer: Gay Snyder

Date: Thursday, March 21, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Bookmaking

In this class we'll learn to make a simple Rubber band book. It can hold grocery lists, sketches, phone numbers—whatever you desire to put into it. Volunteers of the Sooner Scribes Calligraphy Guild will bring all the supplies for this session, but be assured that you will find all the 'ingredients' lying around your home or office and can easily duplicate the book yourself again.

Fee: \$15.00

Trainers: Pat Lynn Moses

Date: Saturday, March 23, 2013

Time: 10:00 am – 12:00 pm

Clock Hours: 2

Preschool Behavior & Guidance

What does it really mean to guide a child's behavior? In this training we'll focus on understanding reasons for behavior and determining appropriate responses with the preschool age child.

Fee: \$15.00

Trainer: Janie Thompson, M.ED

Date: Tuesday, April 2, 2013

Time: 7:00 pm to 9:00 pm

Clock Hour: 2

Using Direct Guidance to Help Children with Social Development

Fee: \$15.00

Trainer: Anita Fowler

Date: Thursday, March 28, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Caring for Special Needs Children—Association for Child Care Providers

Fee: No Charge for participation

Trainer: Susan Bradley, CATSS

Date: Thursday, April 4, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

viding child care, we have the resources to

Rainbow Fleet Training Schedule and News

Guidance & Room Arrangement & How They Complement Each Other

Fee: \$15.00

Trainer: Stefanie Rollins

Date: Tuesday, April 11, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Importance of Sensory Play

Fee: \$15.00

Trainer: Amie Stubbs

Date: Tuesday, April 16, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Fun with Science & Math

This workshop will offer suggestions for activities to help young children with emerging math and science skills. We will also consider open ended questions to support thinking skills.

Fee: \$15.00

Trainer: Anita Flower & Lisa Oliver

Date: Thursday, April 18, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Professionalism & Paperwork—How Does It Work?

Fee: \$15.00

Trainer: Kassi Reddell & RF Staff

Date: Monday, April 22, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Avoiding Burnout

Fee: No Charge

Trainer: Peggy Adams, CATSS

Date: Tuesday, April 23, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

Emotional Intelligence for Children –

What Does it Mean?

In this class we'll look at how to support children by helping them understand their feelings – we call this emotional literacy. It's an essential building block when assisting children to regulate their emotions.

Fee: \$15.00

Trainer: Gay Snyder

Date: Thursday, April 25, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

School-Age Behavior &

Guidance

A look at a variety of guidance techniques to foster and guide the school age child toward self-discipline.

Fee: \$15.00

Trainer: Gay Snyder

Date: Tuesday, April 30, 2013

Time: 7:00 pm to 9:00 pm

Clock Hours: 2

DHS Inquiry Training at

Rainbow Fleet

DHS conducts the Inquiry Training classes in Rainbow Fleet's training room. Please reserve your spot by calling 767-2650 in advance because seating is limited. Also, promptness is essential or you will have to reschedule.

Fee: No Charge, but you must reserve your spot.

Trainers: Child Care Licensing Specialist

Dates: Tuesday, March 5, 2013

1:00 pm— 4:00 pm

Wednesday, April 3, 2013

9:00 am— 12:00 pm

Upcoming Events & Conferences

School Age Conference

Save the date April 19th and 20. More info TBA!!

International Infant & Toddler Conference: Pre-Conference

April 10th; Conference April 11-13, 2013. Downtown Double Tree Hotel, Tulsa OK. For more information and to register: www.ccrctulsa.org under "events" tab. Contact Paige Whalen (918-637-7237); pwhalen@ccrctulsa.org

2013 NAEYC

National Institute for Early Childhood Professional Development
June 9-12, 2013
San Francisco, CA.

OCCC Conference

The Project Approach

Training Workshop

Presented by

Dr. Sylvia Chard

Co-author of *Engaging Children's Minds: The Project Approach*.

Thurs. May 23 7:00 p.m. - 9:15 p.m.
Fri. May 24 9:00 a.m. - 5:00 p.m.
Sat. May 25 9:00 a.m. - 3:00 p.m.

If you are looking for child care or providing child care, we have the resources to help!

“Build Blue Ribbon Trees for Kids” Campaign

Start planning now to get your BLUE RIBBON TREE FOR KIDS up by April 1st in preparation for the slideshow on April 9th CAP (Child Abuse Prevention) DAY AT THE CAPITOL!

“Build Blue Ribbon Trees for Kids” Campaign

(PLEASE REMEMBER TO BUILD A BLUE RIBBON TREE FOR KIDS, TAKE PICTURES AND SEND BACK TO US WITH A TREE REGISTRY FORM!)

- CAP DAY AT THE CAPITOL is on [Tuesday, April 9, 2013](#) and blue ribbon tree photos are **due by Wednesday, April 3rd** to be showcased in the Blue Ribbon Tree CAP DAY dual slideshow.
- Please send pictures of your trees along with the tree registry (see attached above) [[[Please send both at the same time – photo with tree registry]]].
- We have hard copies of the postcards for you to distribute. Order a stack today – just let us know how many and where to mail them (or feel free to reserve yours for ‘pick up’).
- Feel free to utilize the handouts created to accompany the Blue Ribbon Tree activities in classrooms for preschool and elementary age children available by visiting the link below.

SPECIAL NOTE:

- **All blue ribbon tree materials can be downloaded at this website** (check back in a few days):
[Http://www.ok.gov/health/Child and Family Health Family Support and Prevention Service/](http://www.ok.gov/health/Child_and_Family_Health_Family_Support_and_Prevention_Service/)
- **YOUR own personal stack of postcards:** If you would like your own stack of blue ribbon tree postcards and/or SAVE THE DATE CAP DAY AT THE CAPITOL CARDS, please email or call Linda Wise in our office: **Email:** LindaKW@health.ok.gov
Phone: (405) 271-7611

We know we’ll see blue trees sprouting everywhere in Oklahoma...!

Thanks for your participation in building a BLUE RIBBON TREE STATE FOR KIDS once again in 2013!



First Aid & CPR

En Español!

Registración Abierta

**Localidad: Tony Reyes Bilingual Child Development Center
420 S.W.10th St. OKC, OK 73109**

Fechas Ultimo sábado del mes:

**Febrero 23th Marzo 30th Abril 27th Mayo 25th
Junio 29th Julio 27th Agosto 31 Septiembre 28
Octubre 26 Noviembre 30th Diciembre 7th**

Para registraci3n:

Comuníquese con: Inés Vinson

Teléfono: 1-888-261-8813

(celular 830-433-1892)

inesrvinson@yahoo.com

Music and Movement Activities

Movement describes what young children do. They are rarely still. As you plan movement activities for your children, consider activity recordings such as those by Hap Palmer. Or try exercising. It's fun and helps everyone stay flexible and feel fit! Think of ways to let children create their own dance movements - to let the dancing out of the child.

Hear and feel rhythms by clapping.

Try clapping together as a group. Start with one steady beat:
CLAP, CLAP, CLAP.

Then try two with the first beat accented: CLAP-CLAP, CLAP-CLAP.

And three: CLAP-CLAP-CLAP, CLAP-CLAP, CLAP.

And four: CLAP-CLAP-CLAP-CLAP, CLAP-CLAP-CLAP-CLAP.

After the children understand how to clap along, encourage them to move their hands or dance around the room in response to the rhythm. You can clap slow or fast. The beat may be even or uneven.

Create a rhythm band.

Try using body noises to create rhythms. Try claps (hand to hand, hand to thigh, hand to head, hand to floor, or hand to table), stamping feet, clicking tongues, or snapping fingers. Make rhythm instruments for the children to use. Tap spoons on a wooden block or knock wooden blocks together. Let children bang two pot lids together like cymbals. For four-year-olds and over, staple or tape paper plates together with dried beans in the middle, or use egg-shaped, plastic pantyhose containers taped or glued together with pebbles or dried beans inside them. Be sure the containers are securely fastened, and supervise their use. If the beans escape, they may be discovered by younger children who may put them in their mouths, ears, or noses.

Encourage moving to music.

Play a wide variety of music. Try marches, waltzes, Latin dances, current hits, and classical tunes. The greater the variety, the better. Have scarves or dress-ups that will encourage movement. You may want to join in to get the activity started. But be careful about demonstrating too much. The goal is for children to create their own movements.

Take advantage of young children's love for music and movement. The activities will help them work off excess energy, develop a love of music, and become more creative!

http://www.nncc.org/curriculum/cc21_music.movement.html

Dance Ribbon

Materials

Empty key chain or plastic shower curtain ring
Long lengths of brightly colored ribbon or plastic

Directions

Attach 3- or 4-foot lengths of brightly colored ribbon or plastic to an empty key chain or plastic shower curtain ring.

Your child can wave the ribbon in the air as he runs or twirl it in time to the music as he dances.

Read more on FamilyEducation: <http://fun.familyeducation.com/toddler/music/36978.html#ixzz2KtV3jlaV>

Helpful Contacts

Caring Van: 405-316-7216 www.bcbsok.com

Center for Early Childhood Professional Development (CECPD): 1801 North Moore Avenue, Moore, OK 73160; 405-799-6383 www.cecpd.org

CECPD offers various programs for individuals in the childcare field, some programs offered are R.E.W.A.R.D. Oklahoma, CDA/CCP Advisement, Environmental Rating Scale, ELCCT training, The Leadership Academy, Literacy Programs, Video Lending Library, and Oklahoma Registry.

Scholars for Excellence in Child Care

Program Scholars Coordinators:

Oklahoma City Community College, (South OKC) Dr. Mary McCoy 405-682-1611, mmccoy@occc.edu

Oklahoma State University OKC, (North OKC) Jeff Rosson 405-945-9168/1-800-560-4099 rossonj@osuokc.edu

Redlands Community College, (El Reno, OK) Karen Hewitt 405-422-1286

Rose State College, (Midwest City, OK) Sherrill Pallotta 405-733-7449 spallotta@rose.edu

The Scholars for Excellence in Child Care program will ensure that eligible child care professionals in the state of Oklahoma have an opportunity to further their education while earning a Child Development Associate (CDA) Credential, Certificate of Mastery, Director's Certificate of Completion, and/or an associate degree in child development or early childhood education.

Reaching for the STARS (DHS): Central Oklahoma-Jennifer Towell 405-522-0256 www.okdhs.org

STARS is a program held by the State of Oklahoma, that has been implemented to improve the quality of child care for children.

Warmline: 1-888-574-5437

Warmline offers free telephone consultation to childcare providers on numerous topics of concern. Consultants refer providers to appropriate services and resources within their communities.



Child Care Resource and Referral

3024 Paseo

Oklahoma City, Ok 73102-1021

Non-Profit

U.S. Postage Paid

OKC, OK 73103

Permit No. 1621

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